

There are many proven,  
effective ways to  
reduce stuttering.

Doing nothing  
is not one of them.

We can help, but you have to take  
the first step. We're here for you.



THE  
STUTTERING  
FOUNDATION®

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*A Nonprofit Organization  
Since 1947—Helping Those Who Stutter*

800-992-9392

[StutteringHelp.org](http://StutteringHelp.org)

[tartamudez.org](http://tartamudez.org)