



THE EASTERN WORKSHOP

Using Cognitive Approaches with People Who Stutter

JUNE 2-6, 2025

Co-sponsored by The Stuttering Foundation and Boston University

This unique 5-day program will include training in: • Cognitive Behavioral Therapy
• Solution Focused Brief Therapy • Palin PCIT (Parent-Child Interaction Therapy)

Name _____

Telephone: cell _____ work _____

Address _____

City _____ State _____ Zip _____ Country _____

Email _____ Current CCC/SLP? Yes or No ASHA No. (if you have one) _____

Education: Degree(s): _____ Year received: _____ University: _____

Present Position: _____

Please provide a detailed narrative (not a resume) about yourself:

1. Describe your clinical experience with stuttering.
2. Tell us how you are treating children who stutter and whether it is helping.
3. Stuttering therapy is not a "one size fits all." Provide an example of how you have had to adapt/adjust a treatment approach to be more effective. **Please give a specific example.**
4. What percentage of your caseload involves stuttering?
5. How will you share this information after completing training?

Part of the workshop experience is getting to know other SLPs who are interested in the treatment of stuttering. **Therefore, all participants are required to stay in a Boston University dormitory throughout the workshop.** By initialing here, you are indicating that you understand and will comply with this requirement. _____

In December 2025, you will be contacted by the workshop leaders and the Stuttering Foundation to evaluate the impact of the workshop. By initialing here, you agree to provide written feedback when contacted. _____

Mail to:

The Stuttering Foundation
P.O. Box 11749
Memphis, TN 38111-0749



A Nonprofit Organization Since 1947 — Helping Those Who Stutter

IMPORTANT: Applications must be received by March 31, 2025

www.StutteringHelp.org



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Objective: This one-week course will provide speech-language pathologists with an introduction to Cognitive Behaviour Therapy (CBT) and Solution Focused Brief Therapy (SFBT) in relation to the assessment and treatment of stuttering. Therapists will also be equipped to deliver Palin PCIT (Parent-Child Interaction Therapy), an evidence based therapy programme for young children who stutter.

Workshop Faculty:

Elaine Kelman, MSc, Cert CBT, FRCSLT, HCPC; **Ali Berquez**, MSc, PG Dip. CT (Oxford), BRIEF Cert. SF Practice, Cert MRCSLT, HCPC; and **Sarah Delpeche**, MSc, BSc(Hons), Cert MRCSLT, HCPC, all of the Michael Palin Centre for Stammering.

Conference Coordinator: Caroline Brinkert, M.S., CCC-SLP, Boston University

Representing the Stuttering Foundation: Jane Fraser, President

Workshop Format: This 5-day workshop is presented through lectures, small group activities, videos and discussion. Participants will have the opportunity to practice foundation skills in CBT, SFBT and in the use of Palin Parent Child Interaction Therapy. These skills are transferable to work with people of all ages and the families of children who stutter as well. Workshop leaders will be available to participants for ongoing practical support during the six months following the workshop. In order to evaluate the impact of the training, participants will be contacted for written feedback in December 2025.

Participants: Twenty workshop participants are chosen from a variety of work settings, including schools, universities, hospitals, clinics and private practice. U.S. eligible applicants must have their Certificate of Clinical Competence. We enjoy a diverse group with recent attendees from numerous states in the U.S., Sweden, Canada, Australia, New Zealand, Italy, Japan, Thailand, Israel, among others.

Costs: The Stuttering Foundation provides all conference fees and lodging costs, which includes a per diem for meals. Attendees are responsible for their own travel arrangements.

Accommodations: Workshop attendees will stay in single-occupancy student dorm rooms in the same facility on the University campus. The workshop begins on Monday, June 2, with your arrival anticipated on the preceding afternoon or evening on Sunday, June 1.

Deadline: All applications must be received by March 31, 2025, by mail; no faxes or e-mail. All applicants will be contacted during the last week of April with the decision of the admissions committee.

FINANCIAL DISCLOSURES

Elaine Kelman: Receives an honorarium from the Stuttering Foundation for teaching the workshop.

She has a financial relationship with Speechmark Publishing for receiving book royalties.

Ali Berquez: Receives an honorarium from the Stuttering Foundation for teaching the workshop.

Sarah Delpeche: Receives an honorarium from the Stuttering Foundation for teaching the workshop.

NONFINANCIAL DISCLOSURES

Elaine Kelman: None

Ali Berquez: None

Sarah Delpeche: None



ASHA CE
APPROVED PROVIDER

Stuttering Foundation of
America

Advanced Level
3.15 ASHA CEUs

Mail to:

The Stuttering Foundation

P.O. Box 11749

Memphis, TN 38111-0749

info@StutteringHelp.org (Email is for questions, please do not email application)



901-761-0343

www.StutteringHelp.org