



THE STUTTERING FOUNDATION®

www.StutteringHelp.org

SUMMER KIDS 2026

A Nonprofit Organization Since 1947...Helping Those Who Stutter

VOLUME NINE

KIDS LETTERS

A COLLECTION OF ARTWORK, LETTERS and FUN FOR KIDS, BY KIDS

DEAR SFA:

The Stuttering Foundation has been hearing from kids for over three decades, receiving more than 600 letters from children every year. Press releases, begun in the 1980's, resulted in a tremendous number of articles on stuttering nationwide. When Ann Landers featured the SFA in one of her classic newspaper segments, "Ask Ann Landers," the response from kids was immediate and overwhelming. Additional staff had to be hired to help with the incoming correspondence.

Anne Edwards, a librarian hired to help with the letters, was the first one at the Foundation to draft a response to kids, and it was her colleague, Joan Warner's idea to have everyone from the office sign the letter. Those letters made an impact; and as time went by, the Foundation continued to hear from more and more children around the world affected by stuttering.

Today, the Foundation purposes to feature kids' letters in every newsletter and respond to each child who writes with a note of advice, encouragement, and heartfelt thanks from the SFA team.

SUBMIT YOUR OWN ARTWORK AND LETTER!



P.S. Check out our website, just for kids!
www.stutteringhelp.org/kids

My name is Alexis. I am 7 years old. I am in the 2nd grade. I love to play Roblox and watch YouTube videos. It is really fun. I am from Canada but now I live in the United States. I use stretchy vowels with my speech teacher. My advice to someone who stutters is not to speak too fast. My speech is getting better. I feel more confident since I first started stuttering. Be confident. If somebody laughs at you, don't discourage yourself. You can be confident even when you stutter!

Alexis, 7, Venice, FL



A WORD FROM the person that made this →



Hi my name is Aidan. I am 10 years old. I am in 5th grade. I live in Illinois. I have two nice parents and one sister who has autism. My favorite things to do are draw anime, mountains, and flowers. One strategy to help my speech become more fluent is to slow down when I am speaking. I learned to think about what I say before I say it.

My advice for someone who stutters is to not think about it too much, but think about what you say, before you say it. You're allowed to say the word like when you are talking and don't let anyone make fun of you because you stutter.

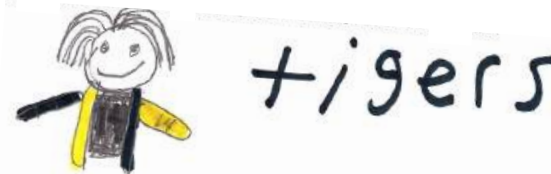
Aidan, 10, Park City, IL





Hi, my name is Kaleb, but my friends and family call me Bug. I am 11 years old and I'm in the 6th grade. My favorite hobbies are playing football with my friends and family, going outside, and playing with my dogs. I've been stuttering since I was a little kid. My mom noticed it and started asking my teachers and the school what to do to help me. Stuttering has affected me by not raising my hand in class so that people would not laugh at me when I talk. My stuttering, at times, has caused me to be picked on, which makes me sad. I have been in Speech Therapy, which has helped some with my stuttering. A few strategies that I have learned and help me are easy onset and 'stretchy speech'. Also, slowing down and going back and saying it again helps. If you stutter a lot, keep learning and using your strategies. Don't be afraid to speak.

Kaleb, 11, Temple, GA



(h-h-h-e..l--l-lo..)

I have a love and hate relationship with my stutter. Sometimes it's a nice talent and sometimes it's HORRIBLE. Sometimes it blocks (- hel-) or sometimes it repeats (h-h-h-e..l--l-lo..) It's really annoying and frustrating. I hope it cures and I hope it doesn't affect the future of my life like it is now.

James, 10, Breaux Bridge, LA

Hello my name is Bilal, and I am 9 years old, and I'm in the 4th grade. My favorite hobbies are playing games and sports such as Roblox and soccer. Also, I learned a lot about countries and the U.S. government. I have stuttered since I was three years old, and over that time, I found ways to not stutter, such as turtle speech and pausing before speaking.

Bilal, 9, Lynnwood, WA



Hi my name is Mason. I am 10 years old. I live in Illinois. I have two wonderful parents and two amazing siblings. My favorite thing to do is to play baseball. I have been playing baseball for four years and have learned how to pitch and how to hit the ball. I would say sometimes I am impatient because I don't like to wait in line when buying something at the store. I stutter when I speak or read. One strategy to help my speech become more fluent is to slow down when I am speaking. I learned about famous people who have stuttered, such as Joe Biden. My advice for someone who stutters is to slow your rate of speech and that it is okay to stutter. The most important thing is to be able to communicate your message to your listener.

Mason, 10, Waukegan, IL



Hi, my name is Michael.
I stutter. I like playing video
games. I'm 10. I like playing
with friends. I'm kind of
bothered by stuttering.

Michael, 10, Apex, NC



Hi, my name
is Max. I am
9 years old. I
like to watch
baseball. I like
spending time
with my family and

watching the TV show Cobra Kai. I started
stuttering when I was 1. Stuttering is
hard and annoying at times and makes it
difficult to talk to family and friends. It has
changed when I go to speech therapy and
practice my stretchy vowel. My advice is to
try your best and keep going towards your
goals.

Max, 9, Venice, FL

Dear Reader,

My name is Blossom
and I'm 10. I like the
Rick Riordan books and a
series called "Whatever After
by Sarah Wlynowski. I also like
Epic the Musical, specifically the
songs "God Games," "Dangerous,"
and "Wouldn't You Like." I first
started speech therapy in 3rd
grade. I was happy because my
friend also did it and I got out
of Benchmark. One thing I do
is take a full breath
after a period. It calms
me down and helps
separate sentences.



Blossom, 10
Roseville, CA

Hi, my name is Caleb, I am almost 10, and I'm in fourth grade. I love to draw, play soccer, play Pokémon and collect Pokémon cards, play games of any kind, and watch anime. I have stuttered since I was in kindergarten at about age 5 or 6. Some facts that I have learned in speech are that the definition of stuttering is when your words come out bumpy or not smooth and some reasons you might stutter are your family history or your unique brain. The types of stuttering that I do are blocks, repetitions, and prolongations. My advice to someone who stutters, is don't let stuttering bug you even if you're really stuck. If someone teases me I can own it, ask if they want to learn about stuttering, and see if they want to practice stuttering.



Caleb, 10
Salida, CA

My name is Noah. I am 9 years old and I am in 4th grade.

The things I do for fun are sleep, spend time with my family, play Clash Royale on my phone, and draw. I started to stutter when I was 7 or 8. Some facts

I have learned at speech are stuttering won't go away but you can find a way to stutter easier. The types of stuttering

I do are blocks and repetitions. In speech I learned that I could stutter

easier by using strategies like easy starts. My advice to someone who stutters is, stuttering is not easy but that shouldn't prevent you from speaking, in fact millions of people stutter! If someone teases me, I can own it by asking them, "Do you want a lesson."

Noah, 9, Salida, CA





Hi, my name is Christian I am 10 years old and in the 5th grade. I live in Alpharetta, Georgia. I love to play music (singing, and playing the electric guitar, piano, and drums), playing video games (Minecraft, Roblox, Among Us, and Sonic plus 3 others), playing sports, (basketball, soccer, hockey, bowling, baseball, tennis, and football) and doing science (biology, chemistry, and

astronomy). I stutter when I am too excited then I repeat words. Some strategies I use are easy onset, pausing, and tapping. I don't mind really because I like to be who I am.

Christian, 10, Alpharetta, GA

Hi my name is Norah. I am 10 years old. I'm in fourth grade. I love my dog, Gigi. I'm not bothered by stuttering, but I know I'm doing it. My friends know that I stutter but they don't say it out loud. For me sometimes I forget I stutter.

Norah, 10, Apex, NC





Stuttering!

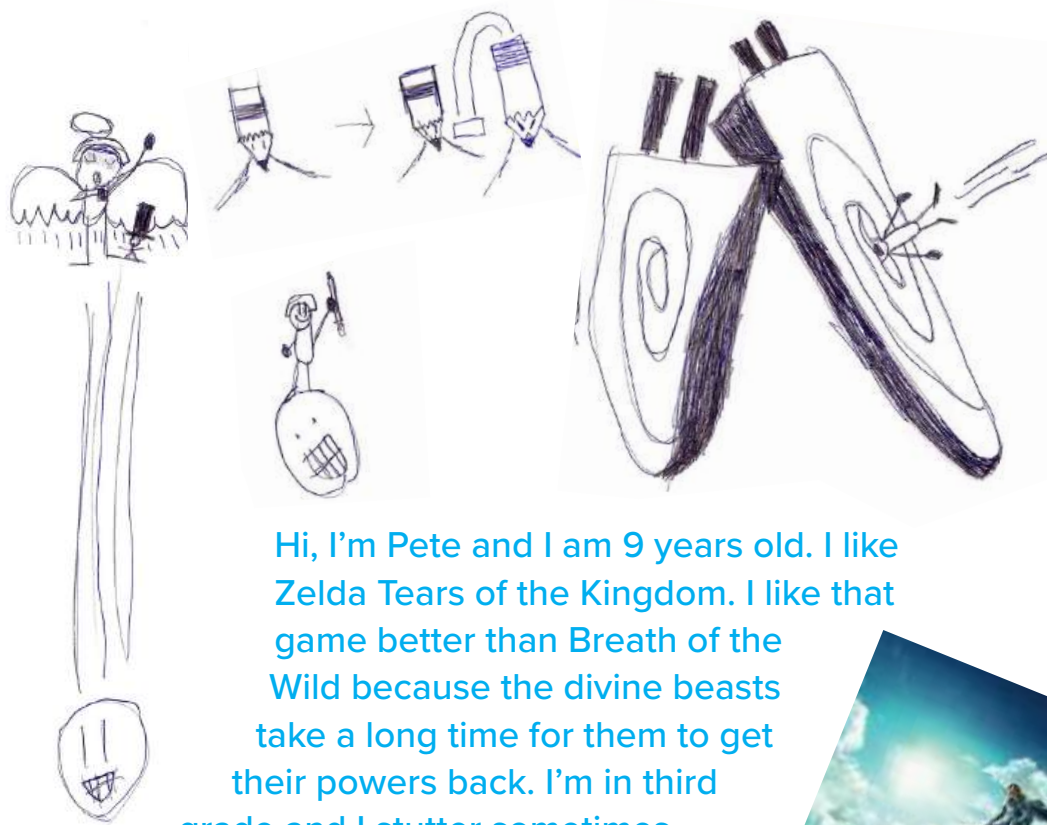


Hi my name is Sabrina, and I am 9 years old. I live in Johns Creek, GA. I like cats, school, playing, and reading. I speak three languages: English, Albanian, and Spanish. I stutter in English and Albanian, but not Spanish because I speak it slowly. My stuttering is mild. When I stutter, I usually repeat words. The strategies I use are easy onset and tapping. They are my favorite strategies. Stuttering makes me proud. Even though I am proud, I still like improving it. If you feel like your stuttering is embarrassing, DON'T. You are the best person you can be just by one thing,

Sabrina, 9, Alpharetta, GA

Hi, I'm Emily, I am 10 years old and I am from Salem Connecticut. Although I love dogs, I have 2 bunnies at home. I have bumpy speech, but I don't mind. At the speech room in my school I use the "H. stradiggy". There is a shark that we use in a game, but he is not a real shark. His name is "Sammy". There is a cottage in Plymouth that I go to every summer. My stuttering might not go away, so I'll just make the most of it. And if anybody is mean to me for it, I won't let it stop me. And it shouldn't stop you either.

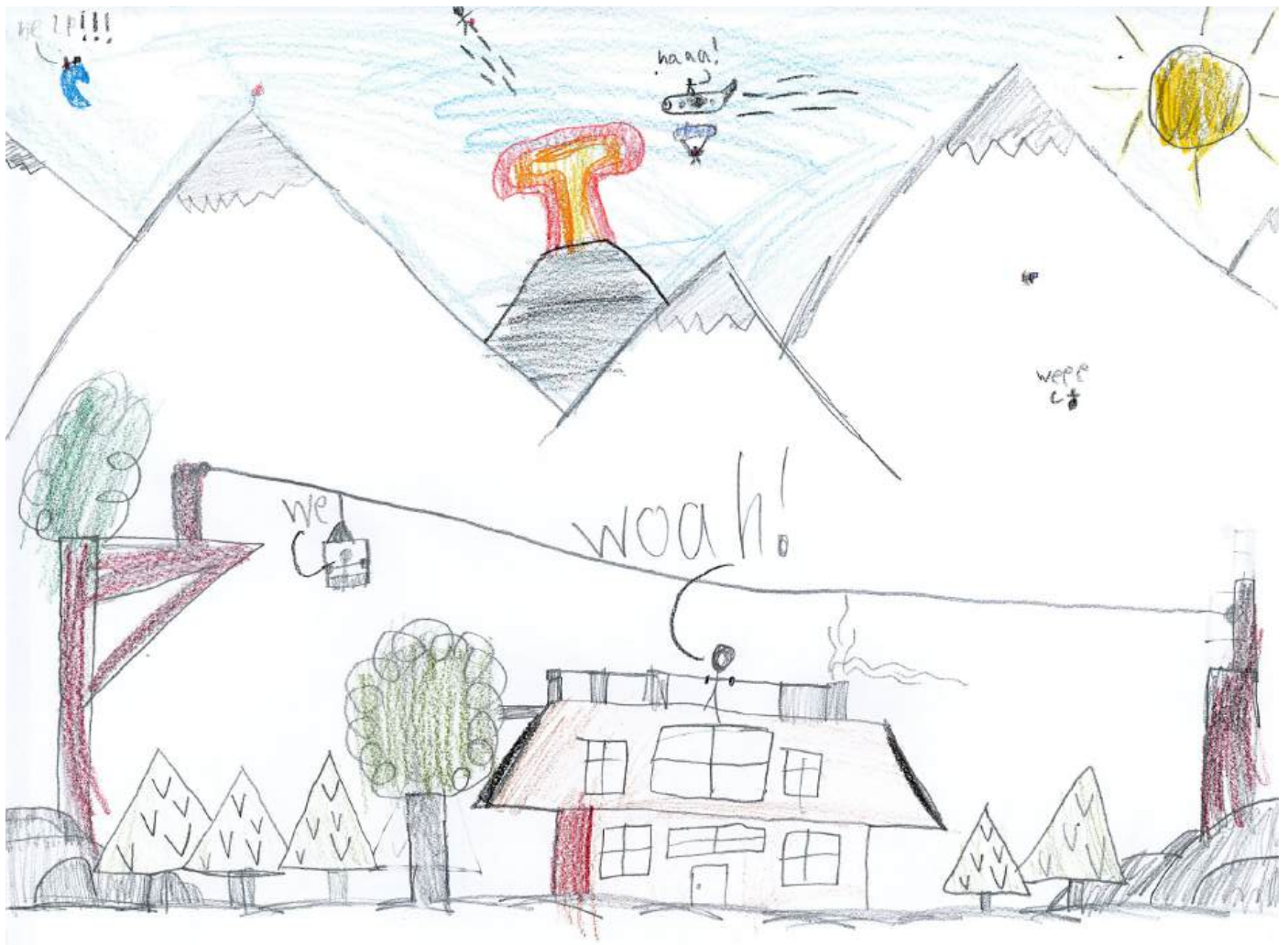
Emily, 10, Salem, CT



Hi, I'm Pete and I am 9 years old. I like Zelda Tears of the Kingdom. I like that game better than Breath of the Wild because the divine beasts take a long time for them to get their powers back. I'm in third grade and I stutter sometimes. The thing that helps me is full breath. I don't know why it helps me, but it just helps. Life isn't bad, even if you have stuttering!

Pete, 9, Bloomington, MN





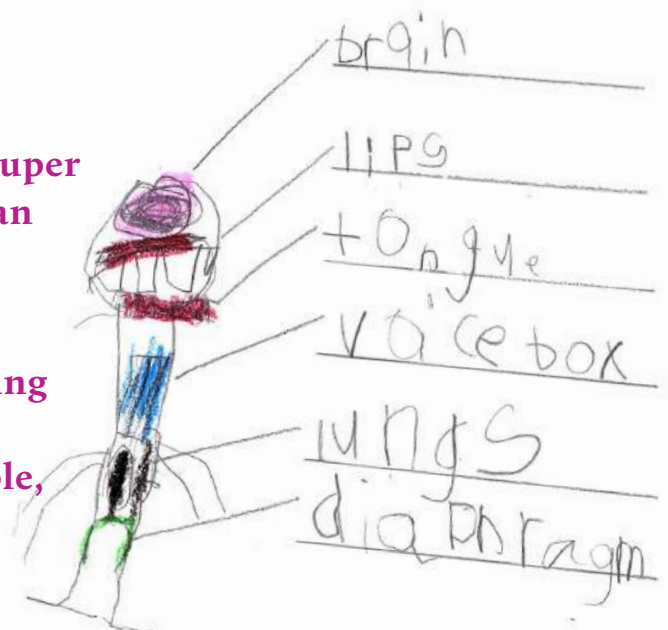
Hi my name is Camden. I love my family, friends, and my little brother Beau. I like my Nintendo Switch 1. I like my games on it. I have Minecraft and Minecraft Dungeons too and I play them the most and my Mario games too. I also like drawing see! I go to speech and I learn strategies that help me so much.

Camden, 8, Salem, CT

Hi, my name is Chase. I like bumper cars and Super Charge. I learned about the human body so I can know all about the speech machine!

I stutter mostly when I am talking to certain people. I go to speech therapy. When I am talking to myself, I don't do anything to help me stop stuttering but when I am talking to other people, I use a strategy. I stretch it out! Don't be afraid of stuttering!

Chase, 7, Dedham, MA



Hello, my name is Sonja and I am 12 years old and I like to go to Cape Cod. I like to go on boat rides there. I have been going since I was 5 years old. I play three sports. Soccer, softball, and basketball. People that I know say I am smart and kind. I like to travel. I have been to Germany, Arizona, Florida, Connecticut, Vermont, and Massachusetts. It is okay if you stutter. I have been stuttering for 2-3 years. I have the same experiences as other children. We are still important even though we have a slight stutter.

Sonja, 12, Fayetteville, NY



STUTTERING
&
HOCKEY

ZACK

2026

STUTTERING is

Stuttering is

Stuttering is when someone has a block in the word, prolongates a word or a word sound. The last is when someone repeats a sound, phrase or word.

What's a hockey players favorite breakfast?

Chex

fun FACTS

Over 80 million people stutter

5% of boys stutter but only 3% of girls stutter

FAMOUS PEOPLE WHO STUTTER

Sports players

Brian Rust (hockey)

Leo Carlsson (hockey)

Singers and Actors

Elvis Presley (Singer)

Mr. Bean (actor)

STRATEGIES

- cancellation: cancel out the stutter
- pausing: pause and think about upcoming phrase then state it.

ABOUT ME

- My name is Zack and I stutter.
- My favorite sport is hockey.
- When I grow up, I want to be a professional hockey player or goalie

Zack, 10, Redlands, CA

Hey, what's up?
Our names are Greyson and Michel and we both like to play football. We both have sisters and we both love to be silly!
We met at STAR Camp standing on the floor not floating on a hoverboard.
Greyson loves finger dippers which is sauce on your fingers. Both of us are basically 8 and have lots of cousins. We both stutter and both love to laugh. Don't worry about your stutter and just keep talking!

Greyson, 7, Broussard, LA

Michel, 8, Lafayette, LA



Hi, my name is Vincent and I'm 7 years old. I like to play Roblox Forsaken and I like dominoes. I usually play these games with my uncles. And I like Sky Zone and Chuck E. Cheese. I had my birthday on October 4th at Chuck E. Cheese. I invited my cousins and it was really fun on my birthday. I also stutter but it doesn't really bother me. In speech, I learn about stuttering.

Vincent, 7, Madison, WI



Hi, my name is Cole, and I am 11 years old. I'm in 5th grade and go to speech and have fun. My favorite sports are basketball and football. I am good at football. My team won 2 championships in a row. My favorite team is the Kansas City Chiefs. I am tall, 5 foot 2 or 3 inches. When I grow up, I want to be an NBA player. I started stuttering in 2022. Here's some advice, talk slow. It's been annoying, but if you talk slow and stretch out your vowels it won't happen as much as if you don't. My hope is that the goals that I want to accomplish are accomplished.

Cole, 11, North Port, FL

My name is Leland. I'm 7 years old, and I have two brothers. I have a pet cat named Navy. I play soccer, and I really like it. I like Roblox and Minecraft. I like chocolate milk. I stutter so I have speech. I like using stretchy speech, cancellation, natural pauses, and slow rate.

Leland, 7, Prairie Village, KS



My name is Dariel and I am in second grade. I am 8 years old and I live in Salida, CA.

I like to play baseball. I have stuttered since I was 3 or 4.

Some facts I learned in speech are that more boys than girls stutter. The types of stuttering I do are repetitions and blocks. In speech, I learned that I can stutter easier by using strategies like light contacts. If someone teases me first I can own it. Second, I can ask them if they want to learn about stuttering.



Dariel, 8, Salida, CA



Hi, my name is Easton. I am 9 years old and in fourth grade.

I have hobbies such as fishing, riding my four-wheeler, showing cows, 3D printing and playing flag football. I have a mild stutter that I am working on in speech therapy. I feel like I still need some more practice, but I am going to get there. My goal right now is to read 100 words with 0 disfluencies, but it is okay if I still make mistakes. One strategy I use when I stutter is pausing. I like pausing because it helps me think about the words I want to say.

It is not a bad thing when you stutter, and you do not have to feel embarrassed. Stuttering is a part of who I am, and it makes me special.

Easton, 9, Dimmick, IL

WORD SEARCH

Speech Fluency Strategies

D	T	O	E	X	C	A	T	N	T	P	T	M	L	R	J	M	V
Y	N	C	T	S	M	A	P	U	A	U	A	A	K	R	W	R	K
X	Z	T	A	Y	U	E	N	U	R	Z	O	H	P	O	G	W	P
C	E	B	R	T	H	A	S	C	Q	T	C	L	L	P	Z	W	G
H	T	D	D	Q	N	I	P	A	E	I	L	F	L	B	I	Q	H
U	A	V	E	Y	N	O	V	D	B	L	H	E	Z	U	S	N	J
N	R	E	C	G	D	Z	C	E	N	T	L	K	T	S	P	M	G
K	W	I	U	B	P	G	A	T	O	A	M	A	D	A	A	F	F
I	O	O	D	Q	L	T	F	O	H	A	P	U	T	D	L	O	U
N	L	U	E	S	S	S	M	F	R	G	Y	O	R	I	N	K	L
G	S	O	R	P	R	S	N	H	T	L	I	H	T	N	O	X	L
H	C	E	E	P	S	T	O	B	O	R	N	L	D	S	X	N	B
X	Y	E	S	T	R	E	T	C	H	Y	S	P	E	E	C	H	R
Z	C	S	T	R	E	T	C	H	Y	V	O	W	E	L	S	Y	E
H	T	E	S	N	O	Y	S	A	E	I	K	U	E	Y	X	O	A
S	E	C	N	U	O	B	T	H	G	I	L	H	Y	M	O	M	T
S	T	O	P	A	N	D	T	H	I	N	K	I	M	W	I	O	H
Y	J	M	E	I	B	W	C	J	Z	G	N	C	Y	M	X	S	H

answer key on p. 15

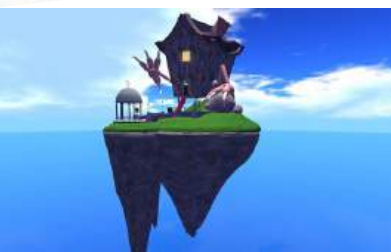
BEATSPEECH	CANCELLATION	LIGHTBOUNCES
EASYONSET	FULLBREATH	PULLOUT
LIGHTCONTACT	PAUSING	SLOWRATE
REDUCEDRATE	ROBOTSPEECH	STOPANDTHINK
SMOOTHFLOW	STOPANDPAUSE	TAPPING
STRETCHYSPEECH	STRETCHYVOWELS	
TURTLETALK	CHUNKING	



Hi My name is Jaden. I am 8 years old my FAVORITE restaurant is, pahda Express and Hubit. my favorite color is golden and yellow. My favorite movie is K-pop Demon Hunters. My favorite song is country songs and scani movie songs.

I stutter ~~in~~ the Day it Does it. Made. Me favorite is TURTLE FALK SPEAKS LOWLY.

Jaden, 8, Sacramento, CA

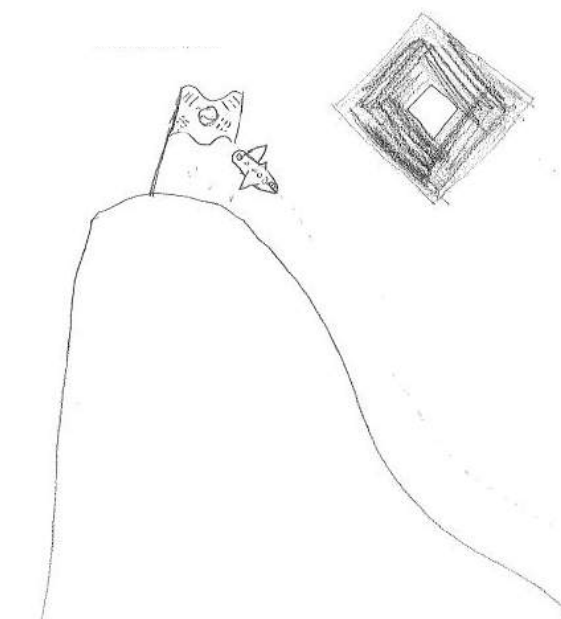


**FORTNITE
BATTLE ROYALE**



Hi my name is Efren. I like playing Fortnite and I made something that can sell all over Fortnite island. Also, if you have identical twins and one of them stutters all of them could stutter because it runs in families. I have a sister named Siggy, she does not stutter and never gets sick. Also, I'm Jewish and it's my culture. I have 2 other students with us. We teach other kids about stuttering.

Efren, 7, San Diego, CA

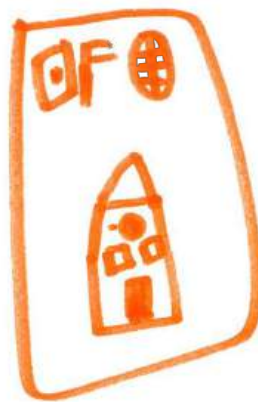
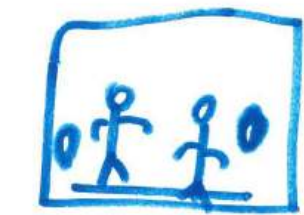


Hi my name is Yujun and I am 9 years old. I was born in Seoul, South Korea but now I live in Chandler, Arizona. I speak Korean and English, but my first language to write was English. I like to play Roblox and my favorite game is "99 Nights in the Forest." I am feeling that my stuttering just makes me special and is no big deal! What helps my stuttering is helping to relax myself and calm down. And the one thing is that you have to relax your muscles.

Yujun, 9, Chandler, AZ

Sonic Nene

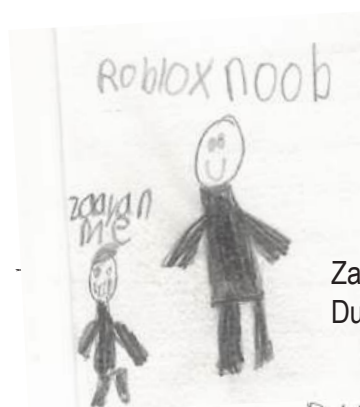
Fortnite
Minecraft



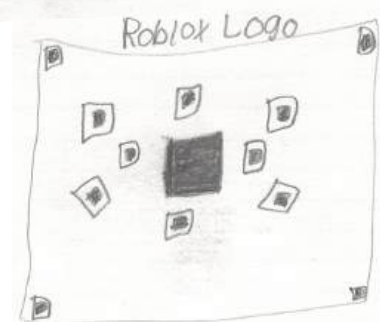
Hola, my name is Elias.
I am 7 and I'm in 2nd
grade. I stutter, especially
with blocking. This
means stopping the
sound. I know the speech
machine too. This has
the voice box, lungs, and
diaphragm. It's easy to
talk to my friends. I tell
my friends that I stutter
too. I like to play on my
iPad. For fun I love to
jump on the trampoline
and play Fortnite and
Minecraft. Goodbye and
thank you to my speech
therapist for helping me
write this.

Elias, 7, Fort Worth, TX

Hi. My name is Zaayan.
I am from Pakistan, but
then I moved to
Dubuque, Iowa. I like to
play Roblox a lot of times.
Sometimes when I talk I
stutter. The strategies I use
are Easy Onset and Light Contacts.
My strategy works good.



Zaayan, 7
Dubuque, IA





My name is Elton. You might not connect with me on this, but I like blacksmithing. I'm 11 but that doesn't stop me, just like having bumpy speech won't stop you from being a fantastic person. My favorite strategy that works really well is stretchy speech. It just helps me to sound out the words. It might not feel like your speech is getting better, but it is. Every single day it's important to practice.

Elton, 11, Burnsville, MN



Hi I am Lincoln and I am 10 years old. I like to play with my neighbors and I like Tek Decks. I like 4 Square and VRI like trick or treating with my family and I like Woodward West, it is a skate park with a parkour section and it has a rock climbing wall!!!! I like hiking and cats and punting footballs!!! I started stuttering in first grade. I like to use posing and phrasing. I don't mind stuttering, it is a part of me.

Lincoln, 10, San Diego, CA



ANSWERS FROM PUZZLE ON P. 12

D	T	O	E	X	G	A	T	N	T	P	T	M	L	R	J	M	V
Y	N	C	T	S	M	A	P	U	A	U	A	A	K	R	W	R	K
X	Z	T	A	Y	U	E	N	U	R	Z	O	H	P	O	G	W	P
C	E	B	R	T	H	A	S	C	Q	T	C	L	L	P	Z	W	G
H	T	D	D	Q	N	I	R	A	E	I	L	F	L	B	I	Q	H
U	A	V	E	Y	N	O	V	D	B	L	H	E	Z	U	S	N	J
N	R	E	C	G	D	Z	C	E	N	T	L	K	T	S	P	M	G
K	W	I	U	B	P	G	A	T	O	A	M	A	D	A	A	F	F
I	O	O	D	Q	L	T	F	O	H	A	P	U	T	D	L	O	U
N	L	U	E	S	S	S	M	F	R	G	Y	O	R	I	N	K	L
G	S	O	R	P	R	S	N	H	T	L	I	H	T	N	O	X	L
H	C	E	E	P	S	T	O	B	O	R	N	L	D	S	X	N	B
X	Y	E	S	T	R	E	T	C	H	Y	S	P	E	E	C	H	R
Z	C	S	T	R	E	T	C	H	Y	V	O	W	E	L	S	Y	E
H	T	E	S	N	O	Y	S	A	E	I	K	U	E	Y	X	O	A
S	E	C	N	U	O	B	T	H	G	I	L	H	Y	M	O	M	T
S	T	O	P	A	N	D	T	H	I	N	K	I	M	W	I	O	H
Y	J	M	E	I	B	W	C	J	Z	G	N	C	Y	M	X	S	H

Hello, my name is Ethan and my favorite thing to do is to play Fortnite and Roblox. My favorite speech strategy is restarting my sentences. Now it's ok to stutter because the world does it too.

Ethan, 9, Columbia, TN





Luca, 8, Cooper City, FL

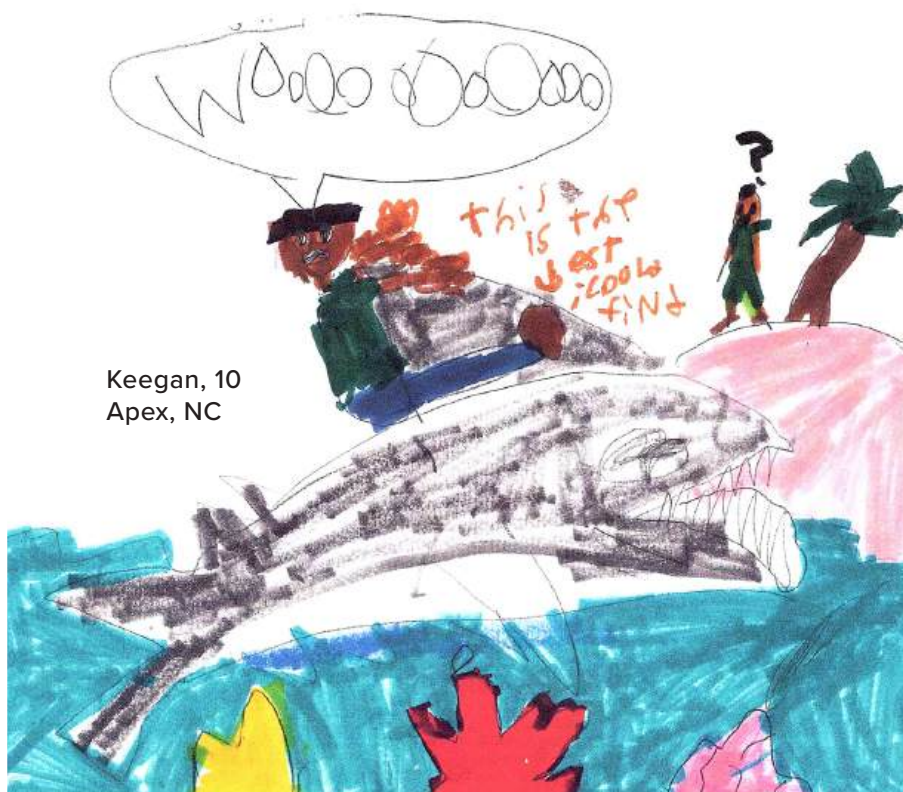
Hi! My name is Luca. I'm 8 years old and live in Cooper City, FL. I like to play Roblox, Minecraft, and Mario Kart. I love planes and F1. My favorite sport is hockey, and I play on a team. When I stutter, slow speech and light contact help me.



Hi! My name is Levi and I'm in 5th grade. Some stuff I like to do is play basketball and play football with my brothers. My favorite basketball players are Kyrie Irving and Allen Iverson. I'm a big fan of the Sacramento Kings. I've been stuttering for a while now and it gets annoying sometimes when you try to read or say something. But I don't let that stop me, I use this strategy called Easy Onset and it helps a lot!

Levi, 11, Roseville, CA

Hi my name is Keegan. I am 10 years old. I'm in fourth grade. My nicknames are Keegalodon, K-Dog, and Keeger by the way. I do 7th grade math. I like sharks and video games like Minecraft and Roblox. I've had 5 dogs in total but now I have 3. And their names are Lucky, the one I have right now, Sophie Murray, and Molly. They're all dachshunds. And I barely get snow because I live in a place in the lower part of the USA. I have a virtual reality, a Switch, a PS5, and a tablet and an Xbox. I'm usually on my iPad though. I don't like soda unlike most of my friends. I use easy onset and I do not mind stuttering.



Keegan, 10
Apex, NC



My name is Joell.
My favorite speech strategy for stuttering is to stop and think what I said and keep going. I am from Orlando. My favorite toys are cars and ships. I like YouTube and Minecraft. When you stutter, you should try again to help you fix your stuttering. I still need to keep practicing. Do your best!

Joell, 8
Venice, FL

**Hiiiiii! I am Margot.
Speech is good but
not bad. I am the
only one who
stutters in my
family.**

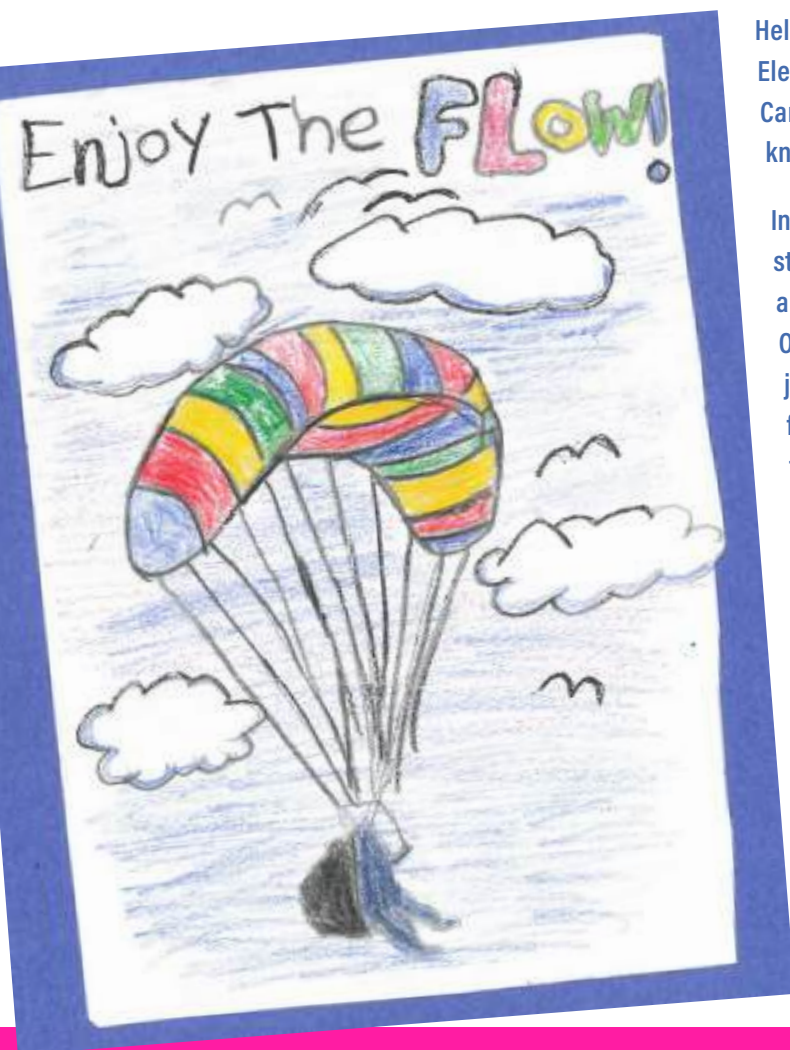
**Margot, 6
San Diego, CA**



Hello, my name is Grayson, I am 6 years old. I like to paint and dream about robots. I like to play with legos and I like Sonic. I stutter sometimes. Stuttering makes it hard to talk. I made a safe space in my house and I use it to help me calm down.



Grayson
6 years old
Colchester,
Vermont



Hello, my name is Makaylah, and I'm in 6th grade at C. C. Pinckney Elementary School on the Army installation of Fort Jackson, in South Carolina. I wanted to write a letter to those who stutter to let them know, that it is ok to stutter...sometimes!

In speech therapy I have been learning about 'Easy Onsets'. I start by stopping, then thinking about the word I want to say, then I breathe and say my word on the air coming out. Air first! Voice second! Easy Onset feels like skydiving. You start out on a plane. It is your turn to jump, and you need to be cautious and careful. You place one foot in front of the other and JUMP, floating in the air. When you get close to the ground you pull your parachute cord and enjoy the flow!

Even with all these tools, I still stutter, and stuttering is alright. I'm still me and you are still you! I'm still funny! I'm still smart! I'm still a good friend! I'm still creative!

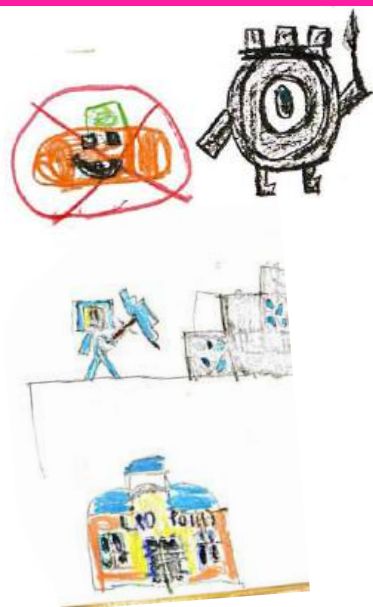
Even though stuttering is something you do it does not define who you are! You are a GREAT person, and you should always feel free to say whatever you want to say! Your words matter!

I would like to thank the Stuttering Foundation for making a magazine that helps kids like me feel proud of who we are.

Makaylah, 11, Columbia, SC

My name is Hannah. I'm 10 years old. I started stuttering in 1st grade. I like skating and my favorite color is pink. My favorite strategy is slow speech.

Hannah, 10, Irvine, CA



My name is Ian. I was born in California in Los Angeles on June 19 and I am in the 4th grade. I stutter. My strategy is beat speech.

**Ian, 9,
Los Angeles, CA**



Our names are Maren, Lillian, and Iker. We stutter with our speech, but that's okay. It's okay to have bumpy speech sometimes. We raise our hands if we have a bumpy so we can practice identifying when it happens. We use our toolbox of strategies, like pull-outs, restart with a slow and easy start, slow speech, and taking a nose breath. We learned that it is okay to stand up for ourselves when people make fun of us and tell people that it doesn't matter if we have bumpies because we are unique in our own way. The types of stuttering that we use sometimes are blocks, repetitions, and sound prolongations. We go to speech therapy at school. We live in Fishers, IN. We like things like soccer, swimming, volleyball, baseball, and piano. We love going to speech and playing games that help with our speech! Our speech teacher is the best!

Maren, 8, Lillian, 7, and Iker, 6, Fishers, IN

My name is Levi and I am 11 years old. I like to play soccer, and I mostly play goalie. I also love football, and I love to read. My favorite books are "Five Kingdoms," and "Unwanted." Two authors that I love are Brandon Mull and Gordon Korman. I want to be a photographer like my grandpa. I am in fifth grade, and I love it so far. My advice is to be confident and to use syllable timed speech, cancellation, and light touch. Stuttering might seem bad but it makes you feel better after accomplishing things that might be scary. At my school, I am learning Spanish. My speech teachers have been encouraging me to give a presentation about stuttering, but I always felt very scared. Finally, I gave a presentation about speech (in Spanish) and I felt awesome.

Levi, 10, Farmington, UT

Hi my name is Isaac.
I like Minecraft and my favorite game is Munchkin and I stutter. It's OK to stutter and it's just how you are. I also like geology.

Isaac, 8, San Diego, CA

MINECRAFT



"My students LOVE the Stuttering Foundation 'Drawings and Letters from Kids' page and frequently request reading about other students like them who stutter. And thank you for everything you guys do!"

"Thanks for this opportunity to submit. It really does mean a lot to kids to read what other kids say!"

"He is very excited for the submission. I really value your organization and the hope and confidence you offer my students. Thank you so much."

"My sixth-grade student has worked very hard on his letter to submit for your Stuttering Foundation Kids Letters magazine! He has enjoyed reading the kids letters magazines that I bring to my speech therapy sessions for him. We are excited to see his letter published in an upcoming Stuttering Foundation magazine!"

"I just love showing the student letters to my students who stutter, etc. and I really enjoy your magazine!!!!"

"I am a school-based SLP and my students and I enjoy reading the letters and stories published in the SFA magazine. These stories have helped my students understand that they are not alone in their struggle. After reading some of the stories, one of my students has developed a strong interest in sharing her own story."

"My student was very interested in the recent Stuttering Foundation volume with letters from other children who stutter, and she would love to be published in a future volume. I really appreciate what you are doing!"

"I am an SLP who is working with a child who stutters. We have been reading your book, 'Sometimes I Just Stutter' and my client has really been enjoying it. He recently wrote his own letter about his stutter, and he wished for me to share it with you. We would love a response from you if possible!"

"I have two new fifth grade students who would like to share their letters in hopes of having them published in the Stuttering Foundation Magazine. I've attached both of their letters and permission slips. I also wanted to thank you for your help with publishing 2 other students' letters! Both families were extremely happy!"

"My student would love to submit his artwork and his letter to the magazine!"

"A group of students from Fishers, IN put together their thoughts on bumpy speech and what it's like to live with it. Please consider putting their work into the magazine. Thank you so much!"

"One of my students has been working on improving his fluency skills for the past year and half and was absolutely glowing when I shared the 'Letters from the Kids' Fall 2025 issue with him. He was so inspired that he wrote a letter himself (if you knew this child, you would know how BIG of a deal this is for him), which I am attaching to this email for your review. I would like to thank you from the bottom of my heart for creating such an inclusive program for our students. I know that mine have really benefited from this magazine."

"My student is a bright and expressive student who wanted to share her thoughts and creativity with others who stutter. We appreciate the opportunity to contribute to your inspiring publication."

"I am contracted into three different schools. I have been fortunate to work with many children due to this placement. One of my students has been working on improving his fluency skills for the past year and half and was absolutely glowing when I shared the 'Letters from the Kids' Fall 2025 issue with him. He was so inspired that he wrote a letter himself (if you knew this child, you would know how BIG of a deal this is for him), which I am attaching to this email for your review. I would like to thank you from the bottom of my heart for creating such an inclusive program for our students. I know that mine has really benefited from this magazine."

"We appreciate all your efforts to make young people feel seen, heard, and loved!"

"I shared the article in the Stuttering Foundation magazine with my students who stutter, and they loved seeing the examples from kids from across the country and the world. They were excited to hopefully get published as well. Thank you so much for doing this inspiring idea for people who stutter."

"Thank you so much for everything you do for the community. I have been working on desensitization and self-disclosure with this student, and he had so much fun making his infographic. I am looking forward to submitting future work from my students!"

"Every week in therapy, we pick a letter from the Stuttering Foundation Magazine to read. I'm so thrilled to be sending the first submission!"



Keep your letters coming! Please don't forget to read our artwork and letter submission guidelines so your student's letter and art are suitable for print!



Since its beginning in 1947, the Stuttering Foundation has created a community of millions through research, education, and support. Founder Malcolm Fraser's vision and our continued mission is to bring hope and help to those who stutter, all over the world. Thank you to our generous family of supporters, who together with the Stuttering Foundation, are making Malcolm Fraser's dream a reality.



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We love to read your stories, advice, and strategies! Please request a permission form and send your digital, **full-color** letters, original artwork and/or photos to **info@stutteringhelp.org**