

Dear SFA,
 My name is Chris and I am in the fifth grade. I have been going to speech therapy since kindergarten. I have learned different ways to help my speech. When I use them, my speech is not bumpy. When I forget to use them my speech is bumpy.
 Chris



By Chris

Do you have a letter, drawing, or poem you would like published? Please send it to us with your name, phone number, age, and signed parent permission form. Mail to:

The Stuttering Foundation, 3100 Walnut Grove Road,
 Suite 603 Memphis, TN 38111-0749.

When you remember to use your speech helpers, you can hit a home run!!!

Scoreboard	
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By Isaac



By Max

I get embarrassed when I have bumps in my speech. When I use my speech helpers I won't get embarrassed any more. It is hard to always remember to use my speech helpers all of the time but I am trying.



By Maxwell

This is what my speech sounds like when I do not use my speech helpers.



This is what my speech sounds like when I remember to use my speech helpers.

