



THE EASTERN WORKSHOP

# Using Cognitive Approaches with People Who Stutter

JUNE 12-16, 2023

*Co-sponsored by The Stuttering Foundation and Boston University*

This unique 5-day program will include training in: • Cognitive Behavioral Therapy  
• Solution Focused Brief Therapy • Palin PCIT (Parent-Child Interaction Therapy)

Name \_\_\_\_\_

Telephone: home \_\_\_\_\_ work \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Current CCC/SLP? Yes or No

Education: Degree(s): \_\_\_\_\_ Year received: \_\_\_\_\_ University: \_\_\_\_\_

Present Position: \_\_\_\_\_

Please provide a detailed narrative (not a resume) about yourself:

1. Describe your clinical experience with stuttering.
2. Tell us how you are treating children who stutter and whether it is helping.
3. Stuttering therapy is not a “one size fits all.” Provide an example of how you have had to adapt/adjust a treatment approach to be more effective.
4. What percentage of your caseload involves stuttering?
5. How will you share this information after completing training?

Part of the workshop experience is getting to know other SLPs who are interested in the treatment of stuttering. Therefore, all participants are required to stay in a Boston University dormitory throughout the workshop. By initialing here, you are indicating that you understand and will comply with this requirement. \_\_\_\_\_

In December 2023, you will be contacted by the workshop leaders and the Stuttering Foundation to evaluate the impact of the workshop. By initialing here, you agree to provide written feedback when contacted. \_\_\_\_\_

Mail to:

The Stuttering Foundation  
P.O. Box 11749  
Memphis, TN 38111-0749



*A Nonprofit Organization Since 1947 — Helping Those Who Stutter*

**IMPORTANT: Applications must be received by March 31, 2023**

[www.StutteringHelp.org](http://www.StutteringHelp.org)



## THE EASTERN WORKSHOP

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*Co-sponsored by The Stuttering Foundation and Boston University*

**Objective:** This one-week course will provide speech-language pathologists with an introduction to Cognitive Behaviour Therapy (CBT) and Solution Focused Brief Therapy (SFBT) in relation to the assessment and treatment of stuttering. Therapists will also be equipped to deliver Palin PCIT (Parent-Child Interaction Therapy), an evidence based therapy programme for young children who stutter.

**Workshop Faculty:** Elaine Kelman, MSc, Cert CT, Cert MRCSLT, and Ali Berquez, MSc, BA (Hons), CertMRCSLT, Michael Palin Centre for Stammering Children

**Conference Coordinator:** Diane Parris Constantino, M.S., CCC-SLP, Boston University

**Representing the Stuttering Foundation:** Jane Fraser, President

**Workshop Format:** This 5-day workshop is presented through lectures, small group activities, videos and discussion. Participants will have the opportunity to practice foundation skills in CBT, SFBT and in the use of Palin Parent Child Interaction Therapy. These skills are transferable to work with people of all ages and the families of children who stutter as well. Workshop leaders will be available to participants for ongoing practical support during the six months following the workshop. In order to evaluate the impact of the training, participants will be contacted for written feedback in December 2023.

**Participants:** Twenty workshop participants are chosen from a variety of work settings, including schools, universities, hospitals, clinics and private practice. U.S. eligible applicants must have their Certificate of Clinical Competence. We enjoy a diverse group with recent attendees from numerous states in the U.S., Sweden, Canada, Australia, New Zealand, Italy, Japan, Thailand and Israel among others.

**Costs:** The Stuttering Foundation provides all conference fees and lodging costs, which includes a per diem for meals. Attendees are responsible for their own travel arrangements.

**Accommodations:** Workshop attendees will stay in single-occupancy student dorm rooms in the same facility on the University campus. The workshop begins on Monday, June 12, with your arrival anticipated on the preceding afternoon or evening on Sunday, June 11.

**Deadline:** All applications must be received by March 31, 2023, by mail; no faxes or e-mail. All applicants will be contacted during the last week of April with the decision of the admissions committee.

#### FINANCIAL DISCLOSURES

Elaine Kelman: Receives an honorarium from the Stuttering Foundation for teaching the workshop. She has a financial relationship with Speechmark Publishing for receiving book royalties.

Ali Berquez: Receives an honorarium from the Stuttering Foundation for teaching the workshop.

#### NONFINANCIAL DISCLOSURES

Elain Kelman: None

Ali Berquez: None

#### Mail to:

The Stuttering Foundation  
P.O. Box 11749  
Memphis, TN 38111-0749

[info@StutteringHelp.org](mailto:info@StutteringHelp.org)



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America

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2.9 ASHA CEUs



THE  
STUTTERING  
FOUNDATION

901-761-0343

[www.StutteringHelp.org](http://www.StutteringHelp.org)