

Stuttering Foundation of America

NEWSLETTER

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A Non-Profit Organization

Since 1947... Helping Those Who Stutter

Volume V, Number 3

Stuttering Foundation Announces Award

The Stuttering Foundation of America today announces the creation of the Malcolm Fraser Award which recognizes an individual who has achieved excellence in the field of stuttering.

The Award, consisting of a \$2000 prize and recognition plaque, will be announced and presented at the Annual Leadership Conference of the American Speech-Language-Hearing Association's Special Interest Division 4: Fluency and Fluency Disorders on May 1, 1997.

The award is named for the late Malcolm Fraser, who founded the Stuttering Foundation of America. Fraser, himself, a person who stuttered, spent a lifetime helping others who stutter.

The Stuttering Foundation of America is seeking nominees for the Malcolm Fraser Award. Nominees should demonstrate excellence in the field of stuttering; their contributions must have been specific and multiple with significant impact on people who stutter. Nominees need not be a member of a professional association but should exemplify the ideals of the Stuttering Foundation of America and the American Speech-Language-Hearing Association. Nominations are open and may come from any individual.

Eligible activities or achievements for which the Award will be given could include, but are not limited to:

- the provision of exemplary clinical services to children and/or adults who stutter.
- the completion of research that increases our understanding and knowledge of the nature of stuttering and/or the improvement of the treatment of stuttering.

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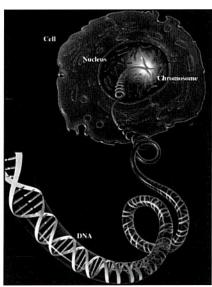
Exciting New Study on Genetics of Stuttering Launched

A new research study on the genetics of stuttering is being started at the National Institutes of Health. Located in Bethesda, Maryland, the NIH is the world's largest biomedical research complex. Led by Dr. Dennis Drayna, the new study is being performed jointly by the National Center for Human Genome Research and the National Institute on Deafness and Other Communication Disorders.

New research technologies hold out the hope of finding genes that underlie stuttering, providing a better understanding of the causes of this disorder.

The first phase of the study involves finding families who have multiple living members who stutter. This will allow laboratory studies that trace the inheritance of stuttering along with genetic markers in order to find out where on the chromosomes such genes reside.

Participation involves answering an initial questionnaire, and families that qualify will then be invited to participate in further research. There is no cost to participate in the study. If you or someone you know would



Inside the nucleus of nearly every cell in the body, a complete set of genetic instructions, known as the human genome, is contained on 23 pairs of chromosomes.

be interested in participating in this survey, a copy of the initial questionnaire is enclosed in this newsletter.

Many families are needed, and every family counts! □

Self Therapy for the Stutterer Now Available in Spanish

Self-Therapy for the Stutterer by SFA Founder Malcolm Fraser is now available in Spanish.

The translation, *Auto-terapia para el Tartamudo*, was completed this year by Frank Thomas Gallardo of San José, Costa Rica. Mr. Gallardo, who studied at Northwestern University, has also completed a translation of *To the Stutterer* which will be available in 1997.

Self-Therapy for the Stutterer has been translated into French, German, Flemish, Persian, Arabic, Finnish, and Lithuanian and has been distributed in 62 countries around the world. Most of these translations have been done by



professionals who stutter themselves and who want to share this book with others in their country as was the case with Mr. Gallardo who will be distributing the Spanish translation of *Self Therapy* to libraries and schools throughout Costa Rica.

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First Annual New England Workshop

The first annual Stuttering Foundation of America New England Workshop was held June 20 to June 23 at the University of New Hampshire in Durham. The twenty workshop participants, selected from nearly a hundred applicants, came from the eastern states of Massachusetts, Vermont, Maine, Pennsylvania, New York and New Hampshire. The participants were selected based largely upon their interest in stuttering and their involvement with children who stutter. They were intentially a diverse group, people from different types of employment settings within speechlanguage pathology, but all who shared a strong interest in stuttering. "But if someone wasn't excited about stuttering before they came, they certainly would be by the end of the workshop," said Pat Krysiak, a school SLP from Massachusetts.

The focus of the SFA New England Workshop was on the diagnosis and treatment of preschool and elementary school-age children who stutter. The workshop began with a theoretical framework for stuttering presented by Dr. Susan Dietrich of the University of North Carolina in Greensboro and Dr. Sheryl Gottwald University of the of New Hampshire. These two presenters then discussed practical methods to diagnose stuttering. Methods of transcribing the speech, analyzing the fluency, and assessing the environment were practiced by the group participants. The management of stuttering in preschoolers was presented by Dr. Gottwald; Dr. Dietrich discussed treatment of stuttering in school-age children. During these discussions, treatment suggestions were illustrated by videotaped examples of cases, and a 9-year-old client volunteer who demonstrated therapy techniques for the group.

On Saturday afternoon, the workshop participants had an opportunity to try out the treatment techniques. Fluent children from the community had volunteered to help train speech therapists developing new skills. Preschoolers and school-age children engaged in therapy with some workshop participants while others

counseled parents. All participants had a chance to work with both the children and parents. "It was really exciting for me to see how good they all were," reported Dietrich. "It was



Attendees listening to Dr. Dietrich's presentation



Attendees use role playing during Maureen Tardelli's presentation

a learning experience for us to see how our ideas were taken by a number of seasoned professionals and used in such creative ways." Returning from the therapy sessions, the workshop group engaged in a discussion of counseling techniques led by Maureen Tardelli.

A wine and cheese party gave the workshop participants the opportunity to meet SFA President Jane Fraser and guest speaker Dr. Peter Ramig of the University of Colorado, Boulder. A highlight of the workshop was Jane Fraser's presentation of the history of the Stuttering Foundation of America. Nancy Cohen, representing all the New England Workshop participants, made a presentation of a donation to the SFA. "We feel like we are new members of a family," said one participant.

On Sunday morning Dr. Peter Ramig made a guest appearance to present additional helpful information on stuttering modification. He delighted the participants with sections from the new SFA tape *Do You Stutter: Straight Talk for Teens.* Dr.

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Front row: Jane Fraser, Maureen Tardelli, Susan Dietrich, Sheryl Gottwald. 2nd row: Sharon Mann, Cindy McPherson, Lynn Townsend, Jennifer Pert, Rick Nero. 3rd row: Carla Bernier, Nancy Cohen, Laurie Timmis, Lori Carmichael, Marilyn Howard, Joan Butterworth. 4th row: Patricia Krysiak, Karen Sundquist, Barbara Orsini, Fae Remelius, Gail Colfelt, Dianne Skoglund. 5th row: Rita Kirk, Victor Gartner, Mary Rickert, Peter Ramig.

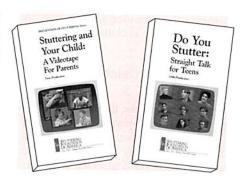
Free Videotapes Still Available to Public Libraries

In 1994 and again throughout 1995 and 1996, the Stuttering Foundation shipped free copies of Stuttering and Your Child: A Videotape for Parents and Do You Stutter:



Straight Talk for Teens to thousands of public libraries across the country.

Because of the tremendous success of this project, SFA has decided to continue to make these tapes availble to public libraries. Wrote Ronald



P. Steensland of the Lexington Public Library in Lexington, Kentucky, "Donations such as yours increase our ability to provide quality public service. These videos and their accompanying books will make welcome additions to our collections at the Central Library, and the Southside, Lansdowne, and Northside Branches."

If your local library would like a free copy of Stuttering and Your

Child: A Videotape for Parents, Do You Stutter: Straight Talk for Teens, and also a free copy of the eighth edition of Self-Therapy for the Stutterer, have them call the Foundation at



1-800-992-9392 or write to the address on the back of the Newsletter.

A press release will then be sent to the newspapers where each library is located to apprise local residents of the availability of the videotape.

Stuttering Awareness Week in Iceland

The SFA videotape Stuttering and Your Child: A Videotape for Parents was broadcast nationally by Icelandic Television during their National Stuttering Awareness Week last spring.



During the awareness week, copies of the brochures If You Think Your Child Is Stuttering and The Child Who Stutters at School: Notes to the Teacher, both translated into Icelandic, were distributed to every primary school and health care center in the country as well as to most day care centers.

Writes Benedikt Benediktsson of Málbjörg, the Icelandic Stuttering Association, "the week was a tremendous success." Congratulations to our Icelandic colleagues.



Mary Johns Addresses Alabama Stuttering Study Group

On May 16, 1996, Mary B. Johns addressed the Alabama Stuttering Study Group in Dothan, Alabama, on the topic Practical and Innovative Strategies for Intervention with Disfluent School Age Children. "Her highly practical information was well received by all in attendance," said Terry Schilder of Dothan.



Top row: Lucy Livingston, Teresa Carroll-Robinson, Terry Schilder, Jane Pitchford, Rita Baker. Bottom row: Betsy Pike, Kathryn Ferrell, Karen Benton.

In 1993, Dr. Dean Williams traveled to Alabama to meet with this dedicated group of speech-language pathologists. In May 1994, Dr. Lois Nelson of the University of Wisconsin-Madison discussed Assessment and Management of Fluency Disorders in Preschool and Elementary School Children. Her thought-provoking presentation provided information on other topics such as cluttering and attention disorders.

Study Group Celebrates Its Third Year

1996 marked the third year that the group met for the purpose of furthering their knowledge about stuttering. It was organized by Terry Schilder after she returned from the *Stuttering Therapy: Workshop for Specialists* at Northwestern University in 1993.

Stuttering Foundation Announces Award

Continued from page 1

- the promotion or enhancement of public or private support for people who stutter.
- the pre-professional preparation or professional development of clinicians who provide services to people who stutter.

All nominations will be collected and reviewed by an Award Committee appointed by the ASHA's Special Interest Division 4 Steering Committee. For a nomination form for the Malcolm Fraser Award, please call 1-800-992-9392.

First Annual New England Workshop

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Ramig discussed methods for managing stuttering when it coexists with other disorders such as cluttering and phonological disorders. His talk was a great contribution to the workshop.

We expect this pioneer group of SFA New England Workshop participants to be the first of many groups to follow. The faculty of the workshop emphasized that they are carrying on a wonderful tradition which was begun by the late Malcolm Fraser, the late Dean Williams, and Hugh Gregory, and the Northwestern faculty. Two of the presenters, Susan Dietrich and Maureen Tardelli, were participants in Northwestern's SFA Workshop for Stuttering Specialists in previous years.

For information about the 1997 Stuttering Foundation of America New England Workshop, please write to Dr. Susan Dietrich at the Department of Communication Sciences and Disorders, University of North Carolina at Greensboro, Ferguson Building, Spring Garden Street, Greensboro, NC 72412, or the Stuttering Foundation of America at P.O. Box 11749, Memphis, TN 38111-0749.

Painter Focuses on Stuttering

Daniel Manns is a thirty-twoyear-old abstract painter and collage artist from Santa Monica. His recent body of work is called *Me Fluent* and focuses on his stuttering problem.

The image of a mouth with a ball in it is repeated throughout the pannels and his photo collages are series of repeated images of himself with the mouths cut out or a gag covering his mouth.

The photographs represent his struggle to speak, while the paintings represent his fluidity of visual expression. He has overcome his stuttering for the most part, but it is always present in his thought process.

For more information about this exciting collection, contact Bill Griffin



Untitled, 1996 Photo Collage. Dan Manns



Untitled, 1996 Mixed Media on Panel, Daniel Manns

or Meg Linton at Griffin Linton Contemporary Exhibitions, 915b Electric Avenue, Venice Beach, CA 90291, or call (310) 452-1014; email:glce123@aol.com.

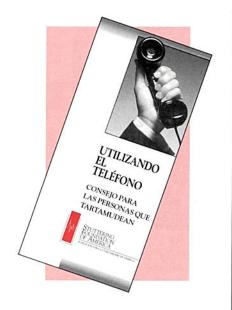
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Brochure Available in Spanish

An excellent translation of *Using the Telephone: A Guide for People Who Stutter* was made by Marina Llobera-O'Brien of Palma, Mallorca, Spain.

Ms. Llobera-O'Brien took time out of a busy speech pathology practice to translate the brochure so it would be available to Spanish-speaking people throughout Spain, Central and South America as well as in the United States.

Ms. Llobera-O'Brien attended the SFA-Northwestern Workshop for Specialists in 1994.



American Speech-Language-Hearing Association Convention

The convention of American Speech-Language-Hearing Association in November 1996, gave the Stuttering Foundation of America an opportunity to reach speech-language pathologists from all over the world.

Ellen Bennett and Susan Cochrane did a fantastic job at the SFA booth in Seattle. Help was also provided by Cheryl Gottwald, David Daly, Dorvan Breitenfeldt, Joe Fulcher, Allen Campbell, Jane Fraser, and others.



Radio Stations Targeted

In April 1996, the Stuttering Foundation sent pre-recorded radio public service announcement (PSA) tapes and written PSA's to 1,248 of the top radio stations across the country.

SFA has been reaching television audiences successfully through PSA's for several years. Because there has been a recent resurgence of radio listeners, targeting this audience is an attempt to broaden the ways in which SFA reaches the public.

The response to these public service messages has been outstanding. Several stations which have given a lot of time to the Foundation's PSA's are KIRO, KNWX, and The Buzz in Seattle; WSUN in St. Petersburg, Florida; WFAN and WOR in New York; KTIS in Saint Paul, Minnesota; KFI in Los Angeles; and many more.

15 SECOND PSA

OVER THREE MILLION
AMERICANS STUTTER.
FOR MORE INFORMATION
ABOUT STUTTERING,
CALL THE NON-PROFIT
STUTTERING FOUNDATION
OF AMERICA
AT 1-800-992-9392,
THAT'S 1-800-992-9392.

Coming in the next issue...

- National Stuttering Awareness Week
- Malcolm Fraser Award Winner
- · SFA's New WEB Site



The Stuttering Foundation of America is a tax-exempt organization under section 501(c)(3) of the Internal Revenue Code and is classified as a private operating foundation as defined in section 4942(j)(3). Charitable contributions and bequests to the Foundation are tax-deductible, subject to limitations under the Code.



May 1996 Special Interest Division on Fluency (SIDS) Meeting in Monterey, California. Graduates and colleagues from the Stuttering Therapy: Workshop for Specialists met in Monterey during the conference on stuttering. Standing left to right: Diane Hill, Maureen Tardelli, Carla Domenicantonio, Joe Fulcher, Ellen Bennett, Glyndon Riley, Isabella Reichel, Bill Murphy, Kristin Chmela, Susan Cochrane, Augustus Clement, Jeanna Riley, June Campbell, Scott Yaruss. Front row: Hugo Gregory, Adriana DiGrande, Jane Fraser, Vian Bjornberg, Libby Oyler, Carolyn Gregory.

Scottish Encounter for Stuttering Foundation of America

SFA President Jane Fraser met with Scottish members of the British Stammering Association while visiting Scotland in August.

With the support of BSA member, Pete Hancock, a meeting was arranged for August 5, 1996, at the Royal Infirmary in Edinburgh. At the meeting, Fraser outlined the history and functions of SFA along with some of the funding issues.



Back row: Frank McAvoy-Quinn, John Derks, Jan Anderson, Derek Jamieson, Alex Gibbon. Front row: Moira Little, Margaret Wilkinson, Wendy Ewart, Jane Fraser, Peter Hancock. Not pictured: Neil Paulin, Joe Fulcher.

SFA Reaches Pediatricians at Annual Convention



June Campbell greets pediatricians and fields questions about stuttering at the annual convention of the American Academy of Pediatrics in Boston in October 1996.

NEWSBRIEFS

- The International Fluency Association is holding its Second World Congress on Fluency Disorders, August 18–22, 1997, at the San Francisco Hyatt Embarcadero, San Francisco, California. Many exciting programs and activities are planned. For more information, contact Thomas A. Crowe, Ph.D., at phone: (601) 232-7652; fax: (601) 232-5717; or E. Charles Healey, Ph.D., at (402) 472-5459; fax: (402) 472-7697; or chealey@unlinfo.unl.edu.
- The Stuttering Foundation of America New England Workshop, "Diagnosis and Treatment of Children Who Stutter: Practical Strategies," will be held at Boston University, June 26–30, 1997. For application and information about traineeships, write to: Susan Dietrich, c/o SFA, or call 1-800-992-9392.
- Next year's SFA conference on the school-age child who stutters will be cosponsored with the University of Memphis and held in Memphis, Tennessee, on June 20 and 21, 1997. For more information, contact Dr. Walter Manning at the University of Memphis, or call SFA at 1-800-992-9392.
- The annual "Stuttering Therapy: Workshop for Specialists" co-sponsored by the Stuttering Foundation and Northwestern University will be held at Northwestern University in Evanston, Illinois, July 14–25, 1997. For more information about the workshop, contact the Stutter-

ing Foundation at 1-800-992-9392 or Dr. Hugo Gregory, Stuttering Programs, Northwestern University, 2299 Campus Drive North, Evanston, IL 60208. This unique workshop brings together speechlanguage pathologists from all over the world.

- For those interested in joining Toast-masters International as a way to improve fluency, communication or public-speaking skills, their address is: Toastmasters International, Inc., Attention: Membership Department, P.O. Box 9052, Mission Viejo, CA 92690, Telephone: (714) 858-8255; Fax: (714) 858-1207.
- For those looking to obtain a copy of Self-Therapy for the Stutterer in French, write to the Association des Begues du Canada, 7801 Rue Ste. Claire, Montreal, Quebec, Canada, H1L 1V8. Please enclose \$15.00 Canadian to cover printing, postage and handling costs.
- Special offer: *Elements of Stuttering* by Courtney Stromsta, Ph.D. This book, described by Dr. Charles Van Riper as "something new and exciting" is available from Atsmore Publishing Company, P.O. Box 533, Oshtemo, MI 49077. Please send \$19.50 plus \$3.00 handling charge for the 256-page book which is fully indexed and includes 33 figures and tables.
- Dr. Daniel Weiss is looking for adults who stutter in the greater Cleveland area interested in participating in a clinical trial. The study is a placebo controlled double blind 32-week trial of fluoxetine. Medication and participation will

be provided free of charge. Interested persons contact Daniel Weiss, M.D., at 216-292-6150.

Excellent New Books on Stuttering Available from Bookstores:

- Clinical Decision Making in the Diagnosis and Treatment of Fluency Disorders by Walter H. Manning, Ph.D., published by Delmar Publishers, Albany, New York.
- Straight Talk on Stuttering, Information, Encouragement, and Counsel for Stutterers, Caregivers, and Speech-Language Clinicians by Lloyd M. Hulit, Ph.D. The publisher is Charles C. Thomas, Springfield, Illinois.
- Stuttering and Science by William H. Perkins, Ph.D. It is published by Singular Publishing Group, Inc., in San Diego, California.



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