



The Stuttering Foundation

Stuttering. This often misunderstood disability affects more than three million Americans. Four times as many males stutter as females, and the affliction indiscriminately cuts across age, race, and socioeconomic status.

Stuttering is one of the most devastating and baffling of all human disorders, and people who stutter are often blamed for their disability. Although researchers have learned a great deal in recent years, the fact remains that no one really knows exactly why people stutter.

As the oldest and largest nonprofit organization in its field, the Stuttering Foundation is an authoritative source on stuttering. It supports basic and clinical research, provides training to professionals and raises public awareness.

The Foundation answers more than 24,000 calls a year through its national toll-free hotlines, and logs more than 6 million hits each month on its Web sites, www.StutteringHelp.org and www.tartamudez.org.

The Foundation is a global resource, distributing millions of publications annually to people in 136 countries around the world. Every year, it helps train hundreds of professionals through conferences, workshops, webinars, and symposia.

Today, the Foundation is broadening its mission as it supports effective treatments and new research to discover the underlying causes of stuttering.

In 1947, a young man from Memphis, Tennessee, who knew about stuttering from personal, often painful, experience, decided to do what he could to help others who stutter.

His name was Malcolm Fraser, and the organization he founded became today's Stuttering Foundation. Its goal was to provide the best and most up-to-date information and help available for the prevention of stuttering in young children and the most effective treatment available for teenagers and adults.

More than 68 years later, the Stuttering Foundation continues to pursue these same goals, although the tools to accomplish them are more varied and widespread. As it did when Malcolm Fraser turned his dream into reality, the Foundation dedicates itself to the contemporary concerns of those who stutter.

The Stuttering Foundation of America is a tax-exempt organization under section 501(c)(3) of the Internal Revenue Code and is classified as a private operating foundation as defined in section 4942(j)(3).

Charitable contributions and bequests to the Foundation are tax deductible, subject to limitations under the Code.

Services Provided by the Stuttering Foundation

■ Publishes 31 books, 56 DVDs, 27 brochures, 9 free e-books, and 15 books for the iPad and Kindle, and 28 videos are offered for free on YouTube. Millions of publications are distributed each year to those who stutter, their families, speech-language pathologists, pediatricians, family physicians, hospitals, schools, clinics, day-care centers, libraries, and others concerned with the problem of stuttering.





- Provides therapy for children and teenagers at the Michael Palin Centre for Stammering Children in the United Kingdom.
- Hosts online continuing education courses and sponsors webinars for speech-language pathologists.



■ Maintains two web sites to provide help, information and resources to a worldwide audience. The web sites receive more than 6 million hits per month: www.StutteringHelp.org and www.tartamudez.org.



- Provides resources thourgh social media such as Facebook, Twitter, YouTube, Pinterest, and blogs.
- Maintains two toll-free help lines and answers some 24,000 calls a year: 800-992-9392 and 800-967-7700.



- Answers thousands of e-mails each year at info@stutteringhelp.org.
- Provides an information packet to parents of children who may have a stuttering problem. The packet includes free brochures and a resource list.



■ Provides an information packet for adults and teens who stutter. This includes free brochures, a resource list, and contacts for support groups in their area.



■ Provides a nationwide resource list for adults who stutter, parents, pediatricians, speech-language pathologists, and all those looking for a speech-language pathologist who specializes in stuttering.



- Co-sponsors 3 five-day intensive training workshops for treating children and teens who stutter.
- Distributes information on stuttering at the conventions of the American Academy of Pediatrics, the American Speech-Language-Hearing Association, and others.



■ Sends approximately 2,500 press releases several times a year to educate the public about stuttering. These releases are sent to newspapers, syndicated columnists, radio and television stations, and editors at magazines across the country.



■ Distributes DVDs, books, and brochures to 136 countries.



Conferences, Workshops, Webinars & Symposia

From its inception, one of the primary goals of the Foundation was to discuss and attempt to resolve the many questions surrounding stuttering. The Foundation has meets this challenge through a variety of educational meetings, seminars, and online training.

- In 2014, the Stuttering Foundation partnered with Vanderbilt University to offer exciting training webinars.
- Speech-language pathologists are now able to take continuing education online at www.StutteringCEUs.org. There are dozens of in-depth programs currently available.
- Two-day symposia to educate professionals and to focus on a specific topic such as working with the school-age child.
- Five-day intensive training workshops in Philadelphia, Boston, and Portland.



The first webinar filled within 20 minutes of being advertised, proving that there is a real need for this type of education.



Vice President for Education Lisa A. Scott, Ph.D.



Continuing education is available online for speech-language pathologists at www.StutteringCEUs.org.



Experts include Chmela, Dell, Donaher, Drayna, Guitar, Luterman, Parris, Ratner, Scott, Sisskin

INTENSIVE, WEEK-LONG CONFERENCES

The Foundation held its first conference in 1957 to bring together eminent speech pathologists and authorities in psychology, psychiatry, and even cultural anthropology for a week of discussions to see if they could agree upon general guidelines for a comprehensive program on stuttering. This was the first opportunity these professionals had to

confer as a group for such an extended period of time.

The conference resulted in a book, On Stuttering: Its
Treatment. This was no small feat considering the disagreements and diversity of thought among authorities at that time. The book was sent free of charge to the members of the American Speech-Language-Hearing Association

Stuttering Foundation books have been translated into 33 languages: French, Spanish, Italian, Flemish, German, Swedish, Danish, Japanese, Vietnamese, Chinese, Cambodian, Thai, Lithuanian, Korean, Arabic, Icelandic, Finnish, Persian, Zulu, Czech, Slovak, Russian, Slovenian, Bosnian, Croatian, Serbian, Turkish, Hindi, Hebrew, Afrikaans, Armenian, Swahili, and Norwegian.

who passed a resolution expressing their "deep appreciation" to the Foundation for its sponsorship and publication of the book.

Since that time, the organization has sponsored many such forums during which leading speech pathology professionals have shared ideas. These week-long conferences have been critical in working toward agreement concerning therapy techniques. Since the first book was published more than 57 years ago, Stuttering Foundation books have been translated into more than 33 foreign languages and have reached more than 15 million individuals.



1957 Conference. Front row: Dr. Dean Williams, Malcolm Fraser, Dr. Stanley Ainsworth, Dr. Robert West; Back row: Dr. Henry Freund, Dr. Hal Luper, Dr. Wendell Johnson, Dr. Joseph Sheehan, Dr. Charles Van Riper.

TWO-DAY SYMPOSIA

The Foundation's two-day symposia, which focus attention on specific areas of stuttering, bring together outstanding professionals in the field and those wanting to increase their therapeutic skills. These conferences have been co-sponsored by some of the leading speechpathology departments in the world:















University of Alberta, Canada University of Illinois, Champaign-Urbana College of Speech Therapy, Queen's College, Oxford University, England The George Washington University University of Tennessee, Knoxville University of Nebraska, Lincoln University of Maryland, College Park University of Colorado, Boulder University of South Florida

Northwestern University

University of Memphis California Speech-Language-Hearing Association Wichita State University University of South Carolina University of Utah Texas Christian University UNIVERSITY Montclair State University















UNIVERSITY OF ALBERTA





This was the first two-day conference, which was held at Northwestern University in 1982!



Several workshop leaders. Seated: Jennifer Watson and Carolyn Gregory. Back row: Ann McKeehan, Susan M. Cochrane, Patricia Zebrowski, Jane Fraser, and Elise S. Kaufman.



Conservationist Alan Rabinowitz. Ph.D., addresses the Stuttering **Foundation** conference in Minneapolis.

WORKSHOP TO TRAIN SPECIALISTS IN STUTTERING

From 1985-2001 an annual, two-week workshop for specialists, organized and directed by Hugo H. Gregory, Ph.D., in conjunction with Carolyn Gregory, M.A., June Campbell, M.A., and Diane Hill, M.A., at Northwestern University, offered speech clinicians a unique opportunity to explore therapy issues and treatment methods with children and adults in an in-depth fashion.

The Foundation co-sponsored this workshop, training participants from 46 countries. Programs such as the Association Parole Bégaiement in Paris and a similar foundation in South Africa were direct results as graduates shared what they learned with colleagues and compatriots.

After Hugo Gregory retired, the workshop was moved to the University of Iowa in 2003, and was directed by Patricia Zebrowski, Ph.D., in conjunction with Toni Cilek, M.A., until 2005.



1998 Northwestern University workshop participants. Front row: June Campbell, Diane Hill, Hugo Gregory, Jane Fraser, Carolyn Gregory. Middle row: Andrea Gingras, Anne Boever, Joan Kazer, John McManus, Anila Punnoose, Joe Donaher, Karina Couselo Rios, Inger Jordell, Carla Bernier, Luz Rivera Guzman, Rosa Irene Lopez, Lucrezia Tomes, Jamil Babli, Monica de Brito Pereira Viana. Back row: Grace Privette, Alex Johnson, Andrea Lynch, Lucia Maria Barbosa, Lisa Scott, Kristin Walton.



2005 Workshop for Specialists in Stuttering. Front row (from left): Jeamjai Jeeraumporn, Jennifer Tseng, Jennifer Peacock, Calista Keck, Ashley Jackson, Jane Fraser, Erol Belgin, and Nao Yasuda. Second row: Amie King, Suzanne Sylvester, Patricia Zebrowski, Michelle Jones, Toni Cilek, and Joe Fulcher. Third row: Margaret Schmidt, Maria Gurrister, Yulia Filatova, Cheryl Arismendi, and Mavis Kulak Kayikci. Back row: Nina Conrad, Peter Ramig, Massimiliano Marchiori, Peter Reitzes, Michelle Snead, and Kathleen Scaler Scott.

Workshop participants come from 46 countries: Argentina Australia Belgium Brazil Bulgaria Canada China Croatia Cyprus Denmark Estonia Finland France Greece **Iceland** Ireland Israel Italy Jamaica Iapan Iordan Korea Lebanon Lithuania Malta Mexico New Zealand Nigeria Norway Peru Poland Portugal Qatar Russian Federation Scotland South Africa Spain Sri Lanka Sweden Switzerland Taiwan Thailand Turkey United Kingdom United

States

Venezuela

FIVE-DAY INTENSIVE TRAINING WORKSHOPS

An outgrowth of the two-week workshop, the five-day intensive training workshop offers speech-language clinicians an opportunity to improve the diagnostic and treatment skills they use with school-age children and teens who stutter.

The first workshop was held in 1996, organized and directed by Susan Dietrich, Ph.D., Sheryl Gottwald, Ph.D., and Maureen Tardelli, M.Ed., and co-sponsored with the University of New Hampshire. To date, more than 1,000 people have been trained.

Since the initial workshop, many others have been added: in Seattle and Portland, under the leadership of Susan Hamilton, M.A., Jennifer Watson, Ph.D., and Ellen Reuler, M.A., co-sponsored with the University of Washington, Portland State University, and Pacific University; in Tallahassee and Philadelphia, under the leadership of Lisa A. Scott, Ph.D., Kristin A. Chmela, M.A., and Joe Donaher, M.A., co-sponsored with The Florida State University and the Children's Hospital of Philadelphia; and in Boston, under the leadership of Elaine Kelman, MSc, Cert CT, Cert MRCSLT, Alison Nicholas, MSc, BA (Hons), Reg MRC-SLT, and Diane Parris, M.S., co-sponsored with Boston University.





Western Workshop





Global Outreach

The Stuttering Foundation and the Michael Palin Centre for Stammering Children joined forces in 2006 in a groundbreaking alliance to help children who stutter through research, treatment and training programs.

The Michael Palin Centre, based in London, England, is widely considered one of the premier treatment centers in the world for childhood stuttering. It is also active in research and the training of speech and language therapists.

The Stuttering Foundation's publications and DVDs reach people in more than 136 countries each year; the Foundation is also active in training speech language pathologists from all over the globe by sponsoring training courses for those who specialize in stuttering.

The partnership between the two organizations spreads hope to thousands of children who stutter in addition to providing an essential training ground for researchers and clinicians.









Diana de Grunwald, Willie Botterill and Frances Cook of the Michael Palin Centre for Stammering Children with Jane Fraser of the Stuttering Foundation.









Elaine Kelman, head of the Michael Palin Centre, narrates the popular video, *Kids Who Stutter: Parents Speak.*



Basic Research

The Foundation is turning its attention more and more to various facets of basic research.

Brain Research

Neuroimaging studies have greatly enhanced the potential to understand brain-behavior relationships in complex behaviors such as speech and language. A recent study by Anne Foundas, M.D., Department of Psychiatry and Neurology, Tulane University, revealed the first evidence that anatomic anomalies may



be related to the development of stuttering. Research efforts are expanding which should provide information to develop targeted behavioral and pharmacological interventions, and may lead to earlier detection of individuals at risk for developmental stuttering. The Foundation is promoting this research in various ways.

Genetic Research

Finding the genes involved in stuttering and understanding what they do in people who stutter and in those who are normally fluent holds the promise of revealing some of the underlying causes of stuttering. From this, researchers hope to be able to develop better therapies for those who stutter. The Foundation is actively involved in projects directed by Dr. Dennis Dravna of the National Institute on Deafness and Other Communicative Disorders searching for the genes associated with stuttering. "Knowing the location of these genes is the first step toward finding the genes themselves and could provide major new insights into the causes of stuttering," says, Drayna, who discovered the first three genes for stuttering in February 2010.



Inside the nucleus of nearly every cell in the body, a complete set of genetic instructions, known as the human genome, is contained on 23 pairs of chromosomes.

Public Awareness of Stuttering

More than 30 years ago, the Foundation began to turn its attention to public awareness of stuttering. Today, an extensive public awareness campaign

- Educates the public about stuttering in an effort to dispel the myths and misconceptions surrounding it,
 - Advises the public that help is available, and
 - Focuses attention on the latest research.

Every year press releases on stuttering are distributed to both daily and weekly newspapers, syndicated



Jane Fraser on NBC's Today Show.

columnists, and editors at magazines, radio and TV stations, resulting in thousands of articles on different aspects of the disorder. The stories and appearances on national television — including CBS This Morning, The Today Show, and CNN — have in turn generated thousands

of calls from readers, listeners and viewers concerned about stuttering.

Public service advertisements reach millions of readers each year through the generosity of national, regional and local magazines, and televised public service announcements air on national networks and on radio stations across the country. In 2014 alone, the public awareness program reached more than



Los Angeles Times

Chicago Tribune

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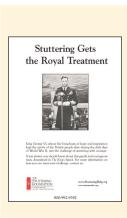
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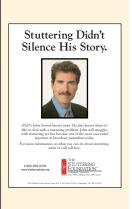
Pasadena Star News The Record Radio 780

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200 million readers, and many millions in advertising space was donated for the Foundation's public service advertisements.

The Foundation's web sites, www.StutteringHelp.org and www.tartamudez.org, contain information for the general public as well as specific help for those who stutter and their families. With 6 million hits per month, this online resource is an extremely useful tool in providing help to people around the world, raising awareness about stuttering, and dispelling common myths.



Since 1992, the following nationally-recognized spokespersons have worked with the Foundation to promote National Stuttering Awareness Week: Annie Glenn, wife of astronaut and Senator John Glenn; country music star Mel Tillis; news anchor John Stossel; zoologist, author and explorer Dr. Alan Rabinowitz; NBC Sports commentator and basketball star Bill Walton; Metropolitan Opera star Robert Merrill; U.S. Open champion and CBS Sports commentator Ken Venturi; Chicago Bull's legend Bob Love; NFL star running back Darren Sproles, and *Buffy the Vampire Slayer* star Nicholas Brendon.

Their leadership has helped reach millions of people with a message of help and hope.



Publications

Since the original publication, On Stuttering: Its Treatment, Foundation books and brochures have reached millions of individuals worldwide. The 31 publications available today bring together current information and cover every facet of this complex speech disorder. They were written by leading authorities in the field of stuttering.

These books and materials are used in many speech pathology departments in colleges and universities around the country and the world. In addition, many books have been translated into 33 other languages including French, Spanish, Italian, Flemish, German, Swedish, Danish, Japanese, Vietnamese, Chinese, Cambodian, Thai, Lithuanian, Korean, Arabic, Icelandic, Finnish, Persian, Zulu, Czech, Slovak, Russian, Slovenian, Bosnian, Croatian, Serbian, Turkish, Hindi, Hebrew, Afrikaans, Armenian, Swahili, and Norwegian. A nominal charge is made for books to partially defray postage and handling costs.

The School-Age Child Who Stutters: Working Effectively with Attitudes and **Emotions,** A workbook that offers a powerful tool for stuttering diagnostics and therapy.

> Advice to Those Who Stutter—Practical advice written by 24 speech pathologists who themselves stutter, advising what helped them and what they believe will help others control their difficulty.

Therapy for Those Who Stutter—Outlines a program for speech clinicians working with adults or older teens.

If Your Child Stutters: A Guide for Parents—An authoritative and understandable book for parents concerned about the speech of their young child. Contains examples of what to do to help the disfluent child.

Self-Therapy for the Stutterer—Written for the adult who stutters, this book outlines a self-therapy program which describes what the

self-therapy

STUTTERING BOX NOW TICK

for the stutterer

person who stutters can do to tackle the problem. Often used as a supplement to clinical treatment.

Treating the School-Age Child Who Stutters: A Guide for Clinicians— Describes how a clinician can work effectively with school-age children

Stuttering: An Integration of Contemporary Therapies—Explains how speech clinicians can combine the different but most commonly used treatment procedures to get effective results.

Effective Counseling in Stuttering Therapy—Helps the clinician have a

better understanding of the counseling aspect of therapy and suggests ways to use it effectively. Goals and processes are described by leading authorities.

Stuttering Therapy: Transfer and Maintenance—Discusses in depth the crucial role of transfer and maintenance and how they may be used to promote long-lasting therapy results.

Stuttering Therapy: Prevention and Intervention with Children—An indepth discussion of effective procedures used in early SECOND EDITIO intervention with children.

Do You Stutter: A Guide for Teens—Written by seven leading speech pathologists who give practical advice to teens on coping

Stuttering and Your Child: Questions and Answers—The most up-to-date

The Teacher Who Made A Difference—A story about how a supportive teacher helped a young girl overcome some of the challenges of stuttering.

advice with their problem. to those who stutter thoughts of seven leading authorities. Answers the questions most asked by parents, teachers and all those helping the child who stutters. Expert help from 28 therapists who



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child who stutters





Wendi's Magical Voice— An imaginative, well-written story about a girl who stutters and the magical way she resolves her fears.

A Stutterer's Story—A subjective account of what a severe stutterer undergoes—the shame, loneliness, and discouragement that he and the people who care about him feel.

The Child Who Stutters: To the Pediatrician—Explains the difference between normal disfluency and stuttering. A bibliography of the latest research, counseling ideas, and a physician's checklist for referral is included.

Sometimes I Just Stutter—Informative new book for children ages 7–12. Stuttering: Straight Talk for Teachers—A handbook full of ideas and

answers to teachers' most common questions about stuttering in the classroom.

The Genius of Dean Williams—A compilation of classic articles by a renowned authority on stuttering.

Auto-Terapia para el Tartamudo—Spanish translation of *Self-Therapy for the Stutterer*.

Consejos para el Tartamudo—Spanish translation of *Advice to Those Who Stutter*.

La Tartamudez y su Niño: Preguntas y Respuestas—Spanish translation of *Stuttering and Your Child: Questions and Answers*.

El Niño que Tartamudea: Para el Pediatra—Spanish translation of The Child Who Stutters: To the Pediatrician

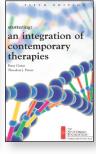
Si Su Hijo Tartamudea: Una Guía para los Padres— Spanish translation of If Your Child Stutters: A Guide for Parents.

A Veces, Yo Tartamudeo—Spanish translation of Sometimes I Just Stutter.









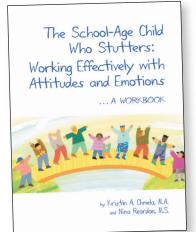
a guide for teens

STUTTIENE









DVDs/Streaming Videos

The Foundation began a series of videos more than 20 years ago which are offered at a nominal cost to individuals and free to public libraries, where over 8,802 now shelve them.

Kids Who Stutter: Parents Speak

7 Tips for Talking with the Child Who Stutters

Using Williams' Normal Talking Approach to Help Children

Make Speech Change

Stuttering: A Clinical Review of Evidence

Stuttering: Basic Clinical Skills

Tools for Success: A Cognitive Behavior Therapy Taster

Tools for Success: A Solution-Focused Brief Therapy Taster

Avoidance Reduction Therapy in a Group Setting

Implementing Cognitive Behavior Therapy with School-age Children

ADHD and Children Who Stutter

Helping Children Change Thoughts and Feelings About Communication

Working With Preschoolers Who Stutter: Successful Intervention Strategies

Stuttering

A Clinical
Review of
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Kids Who Stutter

Parents Speak

STUTTERIN

Neurophysiology of Stuttering

Evidence-Based Practice & Practice-Based Evidence: Closing the Gap

Autism Spectrum Disorders and Stuttering

Alan Rabinowitz: Stuttering and the Big Cats

New Dimensions in Parent Counseling

Moving From Assessment to Intervention Planning

Scoring Disfluencies

David Seidler: We Have a Voice

Decoding IDEA Eligibility

Cluttering

The Genetics of Stuttering: Discovery of the Causes Assessment and Treatment of Childhood Stuttering

Stuttering: Advice from the Heart for Parents

Sharpening Counseling Skills



Stuttering and Your Child: Help for Parents

La Tartamudez y Su Nino—Spanish translation

Stuttering: Straight Talk for Teens

Therapy in Action: The School-Age Child Who Stutters

If You Stutter: Advice for Adults Stuttering: Straight Talk for Teachers

Stuttering: For Kids, by Kids

Therapy in Action, the Dr. Charles Van Riper series A DVD series titled The Child Who Stutters: Practical

Ideas for the School Clinician includes:

Stuttering 101, Barry Guitar, Ph.D.

The School Clinician: Ways to be More Effective, Peter Ramig, Ph.D.

A Multidimensional Approach to Assessment & Treatment, E. Charles Healey, Ph.D.

Dealing Effectively With Attitudes and Emotions, Kristin A. Chmela, M.A.

Dealing With Guilt and Shame, Bill Murphy, M.A.

Stuttering Intervention for Teens, Patricia Zebrowski, Ph.D.







Corporate Directors of the Stuttering Foundation

Frances Cook, MBE, MSc, MRCSLT (Hons), Cert CT (Oxford), Speech-language Consultant

Dennis Drayna, Ph.D., Senior Investigator, National Institute on Deafness and Other Communicative Disorders, NIH

Jane H. Fraser, Hon. FRCSLT, President of the Stuttering Foundation Joseph R.G. Fulcher, Vice President and Treasurer of the Stuttering Foundation, Attorney

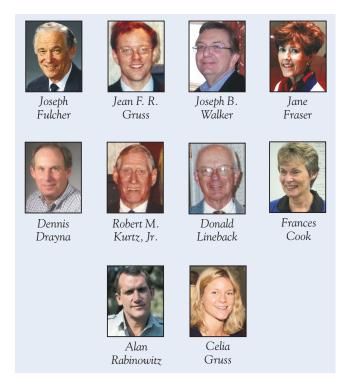
Celia Gruss, Singer and Songwriter

Jean F. R. Gruss, Journalist

Robert M. Kurtz, Jr., retired Chairman and CEO, Kurtz Bros.

Donald J. Lineback, Ph.D., Vice President Retired, Furman University Alan Rabinowitz, Ph.D., President and CEO of Panthera, Partners in Wild Cat Conservation

Joseph B. Walker, Secretary of the Stuttering Foundation, Attorney



About the Founder



Malcolm Fraser knew from personal experience what the person who stutters is up against. His introduction to stuttering corrective procedures first came at the age of fifteen under the direction of Frederick Martin, M.D., Superintendent of Speech Correction for the New York City schools.

A few years later, he worked with J. Stanley Smith, L.L.D., a philanthropist who founded the Kingsley Clubs in Philadelphia and New York. These support groups were named after the English author, Charles Kingsley, who also stuttered. Fraser often led the discussions at both clubs.

In 1928, he joined his older brother Carlyle who founded the NAPA-Genuine Parts Company that year in Atlanta, Georgia. Malcolm Fraser became an important leader in the company and was particularly outstanding in training others for leadership roles.

In 1947, with a successful career under way, he founded the Stuttering Foundation of America. In subsequent years, he added generously to the endowment so that at the present time, endowment income covers over fifty percent of the operating budget.

In 1984, Malcolm Fraser received the fourth annual National Council

on Communicative Disorders' Distinguished Service Award. The NCCD, a council of 32 national organizations, recognized the Foundation's efforts in "adding to stutterers', parents', clinicians', and the public's awareness and ability to deal constructively with stuttering."

In 1989, Hamilton College, Clinton, New York, presented Fraser with the honorary degree of Doctor of



Dr. Kathleen Griffin (left) presents the NCCD 1984 Distinguished Service Award to Malcolm Fraser.

Humane Letters for his outstanding work on behalf of those who stutter.

Malcolm Fraser was honored posthumously with the Charles Van Riper Award, presented by actor James Earl Jones at the 16th annual NCCD Awards Ceremony in Washington, D.C. Established by the American Speech-Language-Hearing Association in 1995, the Van Riper Award was given to Fraser for "his outstanding commitment to people who stutter."



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800-992-9392 www.StutteringHelp.org www.tartamudez.org